Dexcom G7

App Setup

How Does the Dexcom G7 Work?
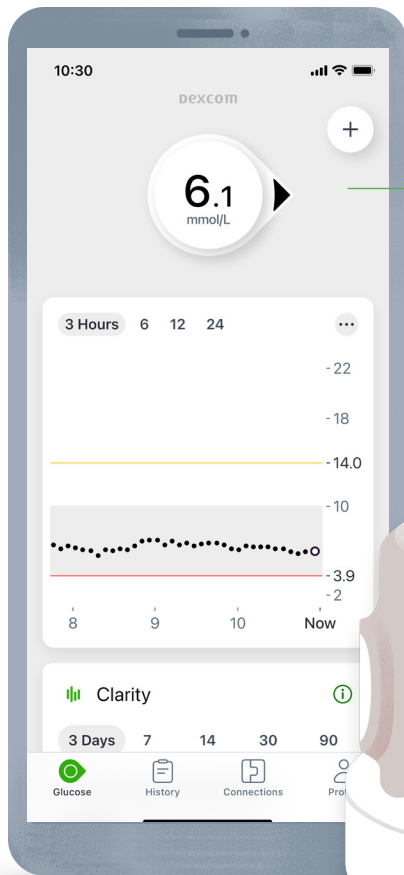
Dexcom G7 app
- Displays a glucose reading up to every 5 minutes
- Smart devices sold separately. For a list of compatible devices see: dexcom.com/compatibility
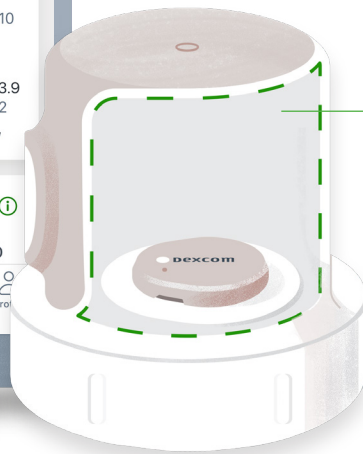
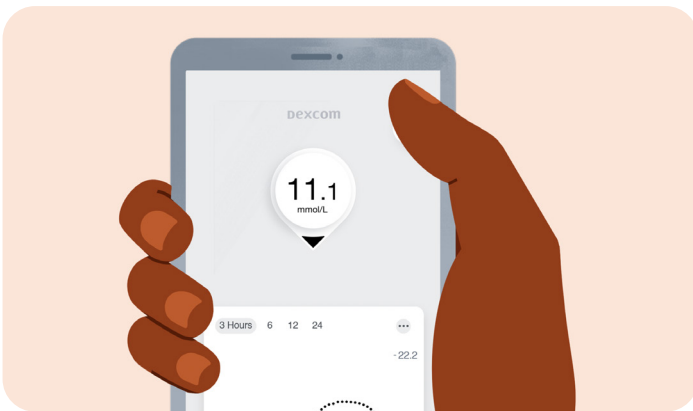### Applicator with built-in Sensor
- Applicator inserts the sensor under your skin
- Sensor gets glucose information
- Wear sensor for up to 10 days
- Sensor sends glucose information to the Dexcom G7 app

Accuracy

Dexcom G7 readings and meter values may not be the same and that's okay. The Dexcom G7 and a meter measure glucose from two different types of body fluids: interstitial fluid and blood.

Readings can be different and still be considered accurate.

Step 1: Check Smart Device Compatibility

Scan the QR code or visit **dexcom.com/compatibility** to check that your smartphone is compatible with the Dexcom G7 app.
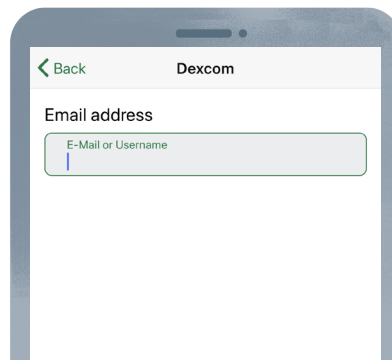
Step 2: Download the Dexcom G7 app

Download on the App Store

GET IT ON Google Play

Step 3: Create Dexcom Account (New Users) and Login

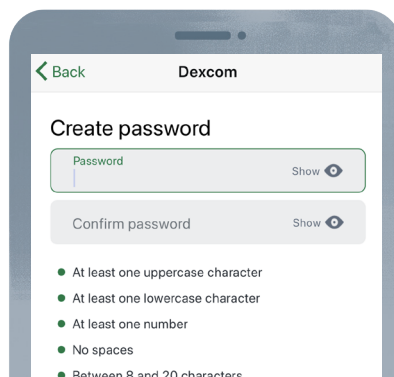NOTE: If you already have a Dexcom account use that to sign in.
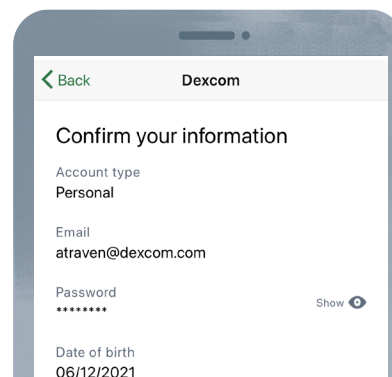
New to Dexcom?
Create Account
I'm an existing Dexcom user
Log In
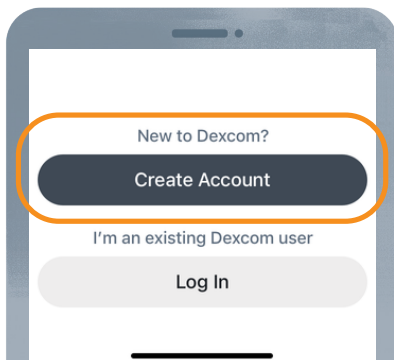
Open the Dexcom G7 app and tap **Create Account**.

< Back   Dexcom
Email address
E-Mail or Username

Enter your email; then, check your email to confirm and continue.

✓ Thank you for confirming your email
Country of residence (required)
Please enter your information.

If you are caring for someone (adult or minor), when you add them to your existing account, you'll complete this information on their behalf.

Country of residence ▾
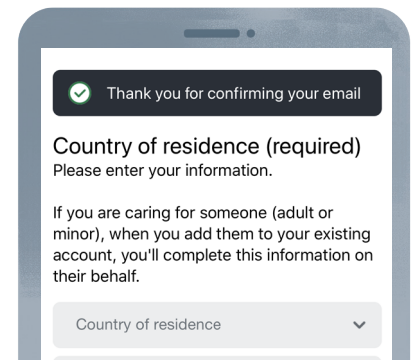
After confirming your email, follow the on screen instructions.

< Back   Dexcom
Create password
Password   Show ⊙
Confirm password   Show ⊙
● At least one uppercase character
● At least one lowercase character
● At least one number
● No spaces
● Between 8 and 20 characters

Create your password.

< Back   Dexcom
Confirm your information
Account type
Personal

Email
atraven@dexcom.com

Password   Show ⊙
****

Date of birth
06/12/2021

Confirm your information.
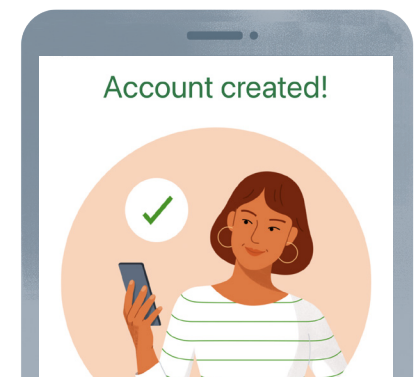
Account created!

Your account is created.
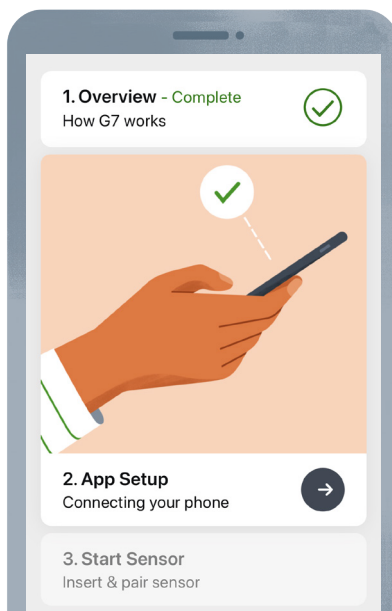
Setting up with your healthcare provider?
If you are getting set up with your healthcare provider, you are now all set for your appointment. Your healthcare provider will take you through the remaining steps.
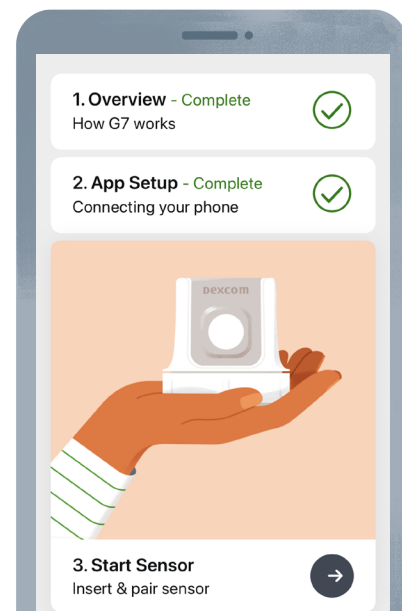
Step 4: Set Up Dexcom G7 app

The app walks you through setup step-by-step. There are three main sections in the app:
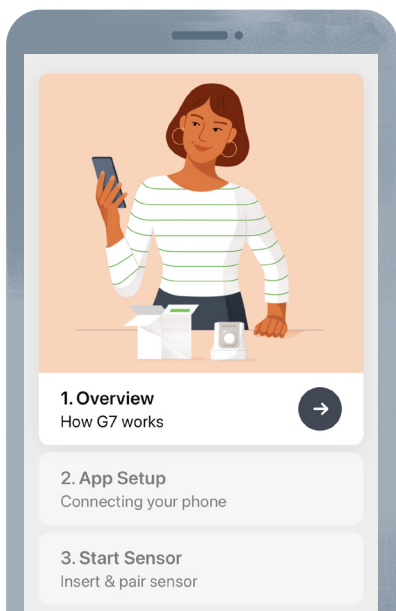
Overview: view the mini tutorial.

App Setup: enable Bluetooth and set other required phone settings.

Start Sensor: insert sensor and pair.
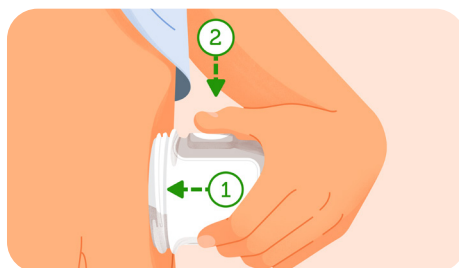
Step 5: Insert Sensor

Age 7 years and older: Use abdomen or back of upper arm

Age 24 months - 6 years: Use abdomen, upper buttocks, or back of upper arm
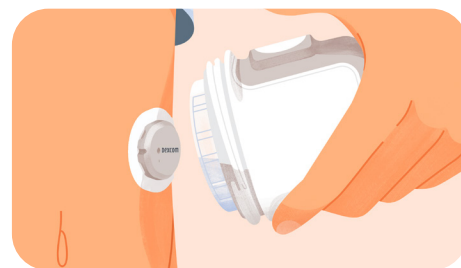
Before you begin, wash and dry your hands; then clean the sensor site with alcohol.

Unscrew Cap. Don't touch inside applicator.

Press and hold applicator firmly against skin and then push button.
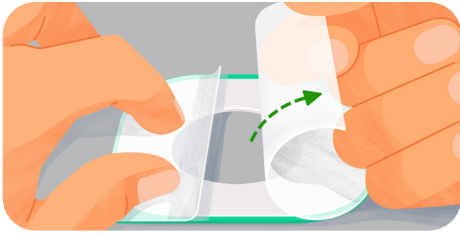
Remove applicator.

Rub firmly around patch 3 times.

Gently press for 10 seconds.

Step 6: Apply Overpatch

Carefully pull off both clear liners, one at a time. Don't touch white adhesive area.

Use colored tab to place overpatch around sensor.
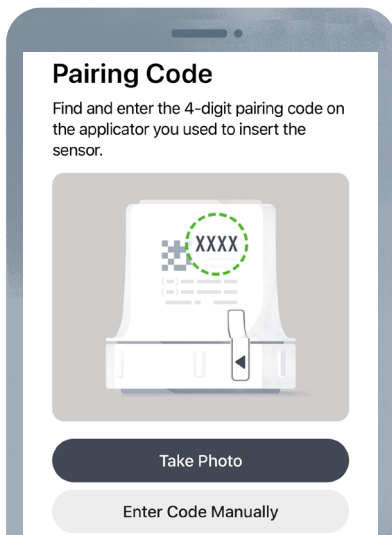
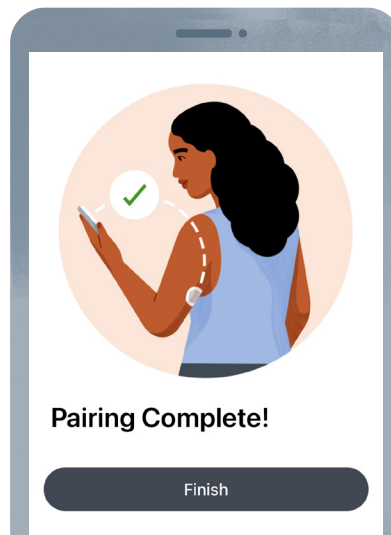Rub around overpatch.

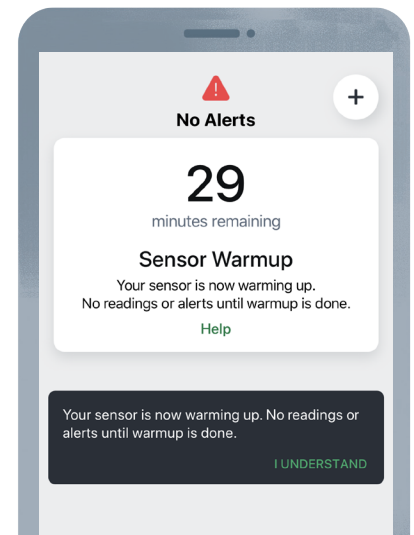Use tab to peel off liner.

Rub around overpatch.

Step 7: Pair and Start Warmup

Pairing Code

Find and enter the 4-digit pairing code on the applicator you used to insert the sensor.

XXXX

Take Photo

Enter Code Manually

Enter pairing code.

Pairing Complete!

Finish

Wait for sensor to pair.

No Alerts

29

minutes remaining

Sensor Warmup

Your sensor is now warming up.
No readings or alerts until warmup is done.

Help

Your sensor is now warming up. No readings or alerts until warmup is done.

I UNDERSTAND

Sensor warmup timer tells you when you'll start getting readings and alerts.

Customizing Your Alerts

Your glucose alerts help you stay in your preferred range. The default alert settings are:
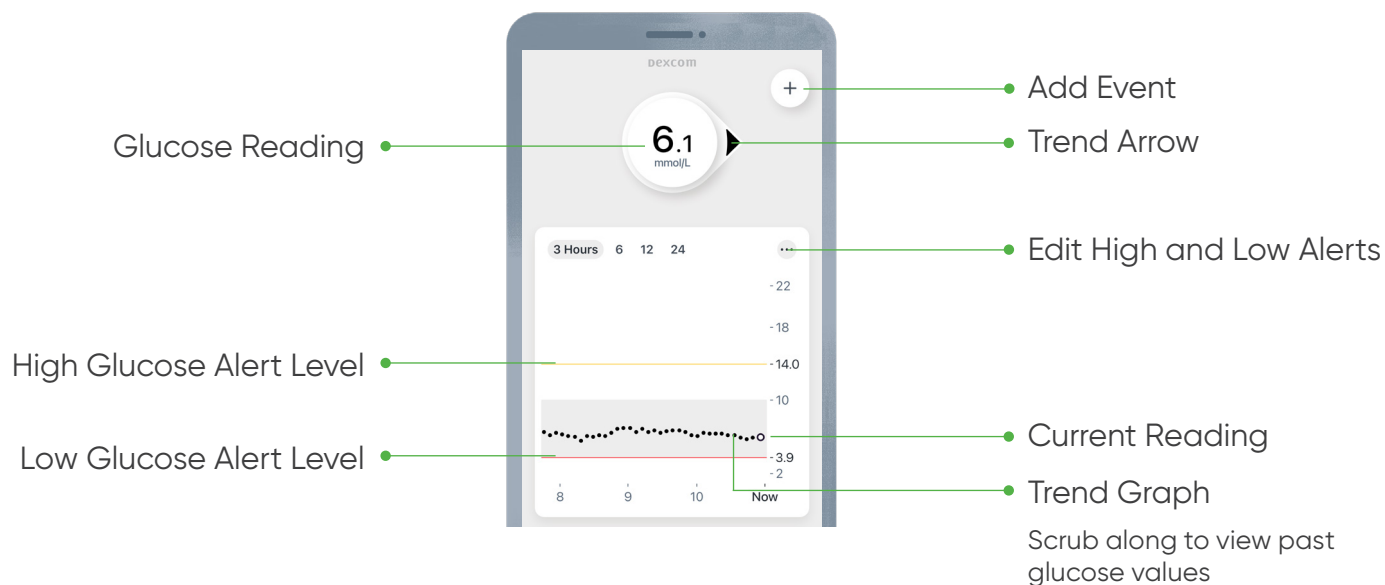
High: 14 mmol/L

Low: 3.9 mmol/L

Work with your healthcare provider to customize your alerts to fit your lifestyle and goals. You can customize your alerts in **Profile > Alerts**.

Understanding Your Trend Screen and Arrows

Your trend screen shows your sensor glucose reading, trend graph, and trend arrow. Trend arrows show the speed and direction that your glucose is heading.

Glucose Reading

Add Event

Trend Arrow

Edit High and Low Alerts

High Glucose Alert Level

Low Glucose Alert Level

Current Reading

Trend Graph

Scrub along to view past glucose values

|				
	Steady Changing less than 0.8 mmol/L in 15 minutes		**Rising or falling** Changing 1.7-2.5 mmol/L in 15 minutes	
	Slowly rising or falling Changing 0.8-1.7 mmol/L in 15 minutes		**Rapidly rising or falling** Changing more than 2.5 mmol/L in 15 minutes	

Day 10: Ending Your Dexcom G7 Sensor Session
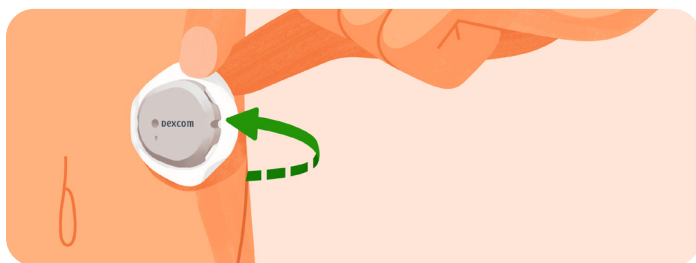
Each sensor session lasts up to 10 days plus a 12-hour grace period. You will get alerts letting you know when the sensor session or grace period will end soon.

After the sensor session ends, peel off the patch like a bandage.

Dexcom Clarity
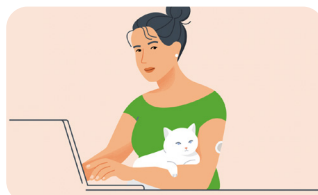
Download the Dexcom Clarity app or visit Dexcom Clarity at clarity.dexcom.eu to track your progress and share data with your clinic. Login using your existing Dexcom account or create a new account.

For more information on Dexcom G7 CGM, please contact us at **0508 634 103** or at **diabetes@nzms.co.nz**

nzmsdiabetes.co.nz

NZMS diabetes