



# dexcom one+

## as easy as 1, 2, 3

The Dexcom ONE+ CGM System takes less steps to get started and has fewer components, making it **easier to get started.**\*



**Easy to get started** – designed for a **smooth and easy start**. Our app-led onboarding gets you set up quickly, with confidence.



**Easy to use**\*\* – the Dexcom ONE+ system features a **simple, one-touch wearable** and all-in-one mobile app\*\* that displays both real-time and past data.



**Easy and effective** way to manage your diabetes.<sup>1-5</sup>

## effective<sup>1,2-4</sup> outcomes

Dexcom ONE+ is proven to **reduce your HbA1c**<sup>1,1-3</sup> and improve your overall quality of life.<sup>1,1-4</sup>



### Proven results<sup>5,6</sup>

Real-Time CGM, such as Dexcom ONE+, is **proven to lower HbA1c and improve time in range (TIR)**.<sup>1,1-3</sup> It also helps reduce time outside of range and improves quality of life.<sup>1,1-4</sup>



### Event Entry

allows you to log food intake, exercise sessions and insulin injections, **helping you better understand your glucose patterns and track your progress.**<sup>Δ,5</sup>



### Greater peace of mind<sup>Δ</sup>

Family members friends and caretakers can **remotely monitor** glucose patterns alongside you.<sup>Δ</sup>

†Results obtained with a previous generation of Dexcom CGM system and are applicable to Dexcom ONE+ given similar feature sets and better performance and usability. ††Time in range was defined as 3.9-10 mmol/L. ΔEvent entry only available on smartphone app. ^Compared to Blood Glucose Meter patient use. ∅Separate Follow App and internet connection required. References: 1. G7 Launch Survey Conducted in the UK n=100 2. Beck RW et al. JAMA. 2017;317(4):371-378 3. Beck RW et al. Ann Intern Med. 2017;167(6):365-374 4. Lind M et al. JAMA. 2017;317(4):379-387 5. Dexcom ONE+ User Guide, 2023.

Visit [dexcom.com](https://dexcom.com) to learn more about our Dexcom CGM range.

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a Dexcom company

Always read the label and follow the directions for use. Read the warnings available on [dexcom.com/downloadsandguides](https://dexcom.com/downloadsandguides) before purchasing. Consult your healthcare professional to see which product is right for you.

‡Compared with a previous Dexcom ONE generation. \*Results obtained with Dexcom G7 study, which shares the similar features and usability. \*\*Display Device sold separately. For a list of compatible devices, visit [dexcom.com/compatibility](https://dexcom.com/compatibility). ††Results obtained with Dexcom G7, using the same sensor as Dexcom ONE+ References: 1. Dexcom Relationship Survey, 2023 2. Beck RW, et al. JAMA. 2017;317(4):371-378. 3. Beck RW et al. Ann Intern Med. 2017;167(6):365-374. 4. Lind M, et al. Diabetes Care. 2021;44(1):141-149. 5. Martens T, et al. JAMA. 2021;325(22):2262-2272. 6. G7 Launch Survey Conducted in the UK n=100 7. Dexcom ONE User Guide, 2020. Dexcom, Dexcom Clarity, Dexcom Follow, Dexcom One, Dexcom Share, and any related logos and design marks are either registered trademarks or trademarks of Dexcom, Inc. in the United States and/or other countries. © 2024 Dexcom, Inc. All rights reserved. NZMS is a dexcom company. 2A Fisher Crescent, Mt Wellington, Auckland. MAT-2188 Rev001 March 2024



Smart devices sold separately.

# one+

## a smart, easy and effective way to manage your diabetes<sup>1-5</sup>

### OUR MOST AFFORDABLE AND EASY CONTINUOUS GLUCOSE MONITORING (CGM)



a Dexcom company



# diabetes management

## it's time for change

Continuous Glucose Monitoring (CGM) is a way to track glucose levels throughout the day and night in real-time for people with diabetes. A small wearable takes glucose measurements at regular intervals, up to 24 hours a day.

CGM can help you proactively manage glucose highs and lows. Real-time alerts can give added insight into what different factors affect your glucose levels. Learn how meals, exercise and insulin change your glucose levels through the day.

Unlike a blood glucose meter which provides you with a reading of a single point in time with no additional context, Dexcom CGM doesn't require fingerpricks\* and provides continuous glucose readings in real-time. Like watching a live stream of your glucose!

\*If your glucose alerts and readings from Dexcom ONE+ do not match symptoms or expectations, use a blood glucose meter to make diabetes treatment decisions.



Smart devices sold separately.†

+ **all-in-one sensor that lasts for up to 10 days with an optional 12-hour grace period**

## smart & accurate

Dexcom ONE+'s superior accuracy supports better treatment decisions.\*\*,\*^



### Customisable high and low glucose alerts

More peace of mind† from knowing Dexcom ONE+ can alert you when glucose levels fall outside of an adjustable and preset high and low glucose range.



### Real-time readings at a glance

See current glucose levels and trends at any time with just a glance at the Dexcom ONE+ smartphone app§ or an optional Dexcom receiver.§



### Superior accuracy+\*\*

Dexcom ONE+, alongside our Dexcom G7 is our most accurate CGM.#,1 With Dexcom ONE+, you can make confident treatment decisions in real-time (such as dosing insulin) - no fingerpricks\*, even during rates of change<sup>2,3</sup>

\*If your glucose alerts and readings from Dexcom ONE+ do not match symptoms or expectations, use a blood glucose meter to make diabetes treatment decisions.

+ **with less than 30-minute warm up**

+ **and flexible wear locations\*\***

\*\*Results obtained with Dexcom G7 study, which shares the similar features and usability. ^Compared with a previous Dexcom G6 generation. †Compared to Blood Glucose Meter patient use. §Display Device sold separately. For a list of compatible devices, visit [dexcom.com/compatibility](https://dexcom.com/compatibility). \*\*Adults: Back of upper arm and abdomen. Users of ages 2-17: Back of upper arm, abdomen, and upper buttocks (2-6 years old). #Compared to Dexcom ONE. #Study used with Dexcom G7, which uses the same algorithm as Dexcom ONE+ Reference: 1. Welsh JB, et al. J Diabetes Sci Technol. 2022;19322968221099879. 2. Dexcom ONE+ User Guide, 2023. 3. Pemberton JS, et al. Diabetes Obes Metab. 2023;25(4): 916-939.

## easy

60% smaller than Dexcom G6<sup>1,2</sup>, the most discreet wearable<sup>2,3</sup> can also be worn on the upper arm, the abdomen or the upper buttocks (2-6 yrs).



Dexcom ONE+ features a low-profile, comfortable sensor<sup>§,||,4</sup> that offers greater discretion.†



Feel confident that your glucose numbers are being tracked by Dexcom ONE+.<sup>2</sup>



Smart devices sold separately.†

+ **offers Delay 1st High alert option. You can further customise the system<sup>2,5</sup> making them more relevant, to fit your mealtime and insulin dosing schedule.**

§Patients reported that 94% of Dexcom ONE+ sensors worn were comfortable to wear (mild, no discomfort). ||Results obtained with Dexcom G7, using the same sensor as Dexcom ONE+ †Compared to prior generation Dexcom CGM. Reference: 1. Dexcom G6 User Guide 2. Dexcom ONE+ User Guide 2023 3. Freestyle Libre 2, Medtronic and Senseonics User Guides 4. G7 Launch Survey Conducted in the UK n=100 5. Pemberton JS, et al. Diabetes Obes Metab. 2023;25(4): 916-939.

†Smartphone and receiver sold separately. Please check compatibility of your smartphone device at [dexcom.com/compatibility](https://dexcom.com/compatibility).